

Hampton Lake Spa & Fitness Central
~ Menu Prices ~

MASSAGE

Therapeutic Massage

Relaxation/Swedish Massage

Prenatal Massage

One hour.....\$75 90 minutes.....\$105

Targeted Deep Tissue Massage

One hour.....\$90 90 minutes.....\$125
30 minutes (targeted area only).....\$50

Hot Stone Massage

One Hour.....\$95 90 minutes.....\$125

Aromatherapy Massage

One hour.....\$80 90 minutes.....\$110

Reflexology

30 minutes.....\$40 One hour.....\$75

Chair Massage

\$1.00/minute (10 minute minimum)

Reiki Session

30 minutes.....\$40 One hour.....\$75

FACIALS

European Facial

Aromatherapy Facial

One hour.....\$75

Deep Cleansing Facial

One hour.....\$80

Microdermabrasion

One hour.....\$150

FACIAL ADD-ONS

Facial Peels.....\$25

Eyebrow Wax.....\$22 Upper Lip Wax.....\$15

Lavender Paraffin Hand Wrap.....\$15

Lavender Paraffin Foot Wrap...\$15

BODY TREATMENTS

Incorporates the Use of Aromatherapy
Essential Oil Complexes of Your Choice

Micro-buff Body Polish

30 minutes.....\$50

One hour.....\$80

Aromatherapy Wrap

One hour.....\$80

European Rose Body Mud Wrap

One hour.....\$90 90 minutes.....\$120

Acti-Sea Body Mud Wrap

One hour.....\$90 90 minutes.....\$120

Black Baltic Body Mud Wrap

One hour.....\$90 90 minutes.....\$120

Rugged Man's Relief

One hour.....\$90 90 minutes.....\$120

European Rose Foot Mud Wrap

A Facial for your Feet

45 minutes.....\$60

MANICURES & PEDICURES

*Our Signature Manicure & Pedicure
includes aromatherapy of your choice
in the exfoliation and massage portion
of the hands or feet*

Manicure.....\$30 Pedicure.....\$40

Manicure and Pedicure Together.....\$65

Hot Stone Pedicure.....\$65

MANI/PEDI ADD-ONS

French Manicure.....\$5

French Pedicure.....\$5

European Rose Foot Mud Wrap.....\$15

Lavender Paraffin Hand Wrap.....\$15

Lavender Paraffin Foot Wrap.....\$15

PERSONAL TRAINING & PILATES

Single Session.....\$65

10 Pack.....\$600

Duet Session (2 people).....\$40/person

10 Pack.....\$375/person

30 minute session.....\$40

10 pk 30 minutes.....\$350

FITNESS CLASSES

\$10 per class

Low and Loaded

Monday 9:00am

Thursday 10:00am

Yogalates

Monday 10:00am

Thursday 11:00am

*Any services not cancelled at least
24 hours in advance will be billed in full*

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*A 15% service charge will automatically
be added to all spa services*

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*Additional gratuities are at
client's discretion*

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*Gift Certificates may be purchased for
specific service or by dollar amount*

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Call for appointment

843-836-7470